

# LISTENING WORKBOOK



#### SPEECH PERCEPTION LESSON

Guessing what someone says can be difficult.

Tip: Listen for the number of syllables, or beats, in the word.

## One syllable words:

- Ball
- Train
- Bird
- Boat
- Bed

### Two syllable things:

- Airplane
- Popcorn
- Hotdog
- French fry
- Toothbrush
- Bathtub

### Three syllable things:

- · Ice cream cone
- Hamburger
- Oreo
- Birthday cake



### SPEECH DISCRIMINATION PRACTICE

Now test your listening abilities. Watch the video and circle the correct answer.

#### What did you hear? (circle the answer):

- 1. a. bird b. ball c. hotdog d. birthday cake
- 2.a. bathtub b. baby c. boat d. french fry
- 3. a. goldfish b. popcorn c. bunny d. boot
- 4. a. bird b. ball c. hotdog d. birthday cake
- 5. a. airplane b. train c. oreo d. hamburger
- 6. a. bed b. toothbrush c. ice cream cone d. boot
- 7. a. bathtub b. baby c. boat d. french fry
- 8. a. birthday cake b. ice cream cone c. french fry d. hotdog
- 9. a. airplane b. train c. oreo d. hamburger
- 10. a. bathtub b. baby c. boat d. french fry
- 11.a. bird b. ball c. hotdog d. birthday cake
- 12.a. goldfish b. popcorn c. bunny d. boot
- 13.a. airplane b. train c. oreo d. hamburger
- 14. a. birthday cake b. ice cream cone c. french fry d. hotdog
- 15. a. airplane b. train c. oreo d. hamburger
- 16. a. bed b. toothbrush c. ice cream cone d. boot
- 17. a. bathtub b. baby c. boat d. french fry
- 18. a. bird b. ball c. hotdog d. birthday cake
- 19. a. goldfish b. popcorn c. bunny d. boot
- 20. a. bed b. toothbrush c. ice cream cone d. boot
- 21. a. birthday cake b. ice cream cone c. french fry d. hotdog
- 22. a. bed b. toothbrush c. ice cream cone d. boot
- 23. a. airplane b. train c. oreo d. hamburger
- 24. a. boot b. bird c. baby d. boat
- 25. a. bathtub b. baby c. boat d. french fry

#### Answers:

1. b, 2. c, 3. a, 4. d, 5. a, 6. a., 7. d, 8. b, 9. d, 10. b, 11. c, 12. b, 13. b, 14. a, 15. c, 16. b, 17. a, 18. a, 19. d, 20. b, 21. c, 22. a, 23. b, 24. d, 25. b



### LIPREADING EXERCISE

Learn how sounds look on someone's lips and also listen to the sounds as they are heard on the video. This will help you practice being able to see and hear certain sounds.

rideo. This wil S <u>ound</u>	ll help you practice L <u>etter</u>	e being able to see and hear certain sou E <u>xamples</u>
/f/	F	Freckles, Feather, Offer, Roof
/v/	V	Valley, Victory, Over, Above
/w/	W	Wiggle, Wheel, Beware
/r/	R	Robot, Rattle, Marvel, Scissors
/p/	P	Pizza, Plane, Sleep, Opponent
/b/	В	Basketball, But, Trouble, Grab
/m/	M	Mud, Myth, Humpty, Arm
/TH/	Th (voiced)	The, Then, Rather, Bathe
/th/	Th (voiceless)	Thumb, Thought, Ether, Death
/sh/	Sh	Shampoo, Shake, Bushes, Plush
/ch/	Ch	Cheese, Choice, Itchy, Watch
/j/	J	Joke, Jeep, Enjoy, Badge
/zh/	G, S	Beige, Pleasure, Genre
/s/	S	Soap, Soda, Restrict, Plus
/z/	Z	Zebra, Zoo, Teasing, Lines
/1/	L	Lost, Lumber, Allow, Symbol
/n/	N	North, Nick, Stranded, Brawn
/t/	T	Ten, Teepee, Utter, Expert
/d/	D	Dessert, Drink, Udder, Trod
/y/	Y	Yes, Yikes, Crayon
/k/	K	King, Kiwi, Wicker, Snack
/g/	G	Goat, Game, Slugger, Rig
/h/	Н	Hat, Hip, Ohio
/ng/	G	Wing, Sing
/aw/	A, O	Awful, Opportunity, Offer, Otter
/a/	A	Apple, At, Splat, Daddy
/A/	A	Ape, Atrium, State, Paper
/e/	E	Elephant, Extra, Pelt, Tell
/E/	E	Eat, Each, Beaver
/i/	I	Itch, If, Sift
/I/	I	Ice Cream, Eye Doctor, Apprise
/oi/	Oi, Oy	Oil, Convoy, Boy
/ow/	Ow, Ou	Ouch, Cow, How
/0/	O	Octopus, Pot, Thought
/0/	O	Open, Oats, Boat
/u/	U	Upstairs, Utter, Cut
/U/	U, oo, ew	Blue, Misconstrue, Few
/00/	Oo Heari	ngWellnessJourney.com Foot, Book 20 Freehydiology, LLC
	<b>&amp;</b> 20	20 EntreAudiology, LLC



### PHONEMIC SYNTHESIS EXERCISE

Practice blending the sounds (phonemes) into meaningful words.

<u>Number</u>	<u>Sounds</u>	<u>Answer</u>
1	d-oo-r	door
2	f-r-a-m	frame
3	p-a-n	pan
4	ch-a-r	chair
5	s-u-n	sun
6	p-o-t	pot
7	l-a-f	laugh
8	c-oo-l	cool
9	st-o-p	stop
10	m-a-k	make
11	v-e-n-t	vent
12	th-e-z	these
13	sh-i-n	shine
14	j-a-r	jar
15	h-e-l-p	help
161	g-i-d	guide
7	t-ee-th	teeth
18	n-oo-d-l	noodle
19	c-r-u-n-ch	crunch
20	z-i-p-r	zipper
21	w-a-d-l	waddle
22	r-a-z-a-n	raisen
23	b-a-g-l	bagel
24	th-o-r-n	thorn
25	p-u-d-l	puddle



# ENGLISH LIST #1 Quiet with closed captioning

- 1. The boy took water from the well.
- 2. Girl dressed nicely for the church.
- 3. Sunday afternoon was sunny.
- 4. The bathroom smelled like flowers.
- 5. He went to see a movie yesterday.
- 6. Halloween this year falls on Monday.
- 7. Humans occupy all seven continents.
- 8. New Zealand is close to Australia.
- 9. Anything in life is possible.
- 10. Exercise is important for heart health.
- 11. Once upon a time Rapunzel let her hair down.
- 12. Green is the color of peace.
- 13. He learned calligraphy in class today.
- 14. He met my brother in a coffee shop.
- 15. Always remember to fasten your seatbelt.
- 16. Clever dogs know how to follow commands.
- 17. The food we ate was delicious.
- 18. Big cities attract tourists.
- 19. The Pacific is the largest ocean in the world.
- 20. People used to believe the earth was flat.
- 21. Literature is a form of art.
- 22. Cookies taste better with milk.
- 23. My pencil was sharp.
- 24. Paper was created in China.
- 25. English is a language everyone wants to learn.

Do your best to repeat the sentences, using your vision and your hearing.

Please turn on Closed Captioning. To do this, click on the "CC" on the bottom right of the video screen and choose "English CC" so you can read the words as you follow along.



# ENGLISH LIST #2 Quiet without closed captioning

- 1. Dreams sometimes come true.
- 2. Cold showers feel good afterwards.
- 3. A bottle of water is on the table.
- 4. There is a rainbow in the sky.
- 5. He studied arts and sciences at school.
- 6. My favorite author is Lewis Carol.
- 7. There is a table in the corner.
- 8. He has been running all morning.
- 9. I never knew her last name.
- 10. In the beginning there is always doubt.
- 11. I want sweet candy.
- 12. Could you be a little more specific?
- 13. How about we try first.
- 14. Come to the intersection of third avenue and York street.
- 15. His folder with documents is green.
- 16. I knew I have heard his name before.
- 17. Carrot is an orange-yellow vegetable.
- 18. I enjoy eating strawberries.
- 19. Could you pass the salt please?
- 20. How about we go together.
- 21. We have been very lucky today.
- 22. This is my favorite restaurant.
- 23. Go to the back room and find my coat.
- 24. The boy was walking very fast.
- 25. A girl played volleyball every morning.

Do your best to repeat the sentences, using your vision and your hearing, but without the closed captioning.



### Quiet without visualization

- 1. I knew I was right.
- 2. Can we take a break please?
- 3. How come it is so cold in July?
- 4. Trees are usually green.
- 5. He likes hiking in the snow.
- 6. The table was made out of red wood.
- 7. Skyscrapers are tall buildings.
- 8. There are sixty seconds in a minute.
- 9. Every day starts with sunrise.
- 10. The sky is cloudless tonight.
- 11. Joshua Tree is in the middle of a desert.
- 12. Make a wish on shooting stars.
- 13. Universe has an infinite number of galaxies.
- 14. Infinite possibilities exist.
- 15. Try cooking eggs sunny side up.
- 16. I prefer my tea hot.
- 17. Guess the number of fingers behind my back.
- 18. Try reaching for the tallest branch.
- 19. He is a student at a local university.
- 20. Many decades have passed since then.
- 21. I would like to share my story with you.
- 22. Can you carry my purse please?
- 23. Please take a sit in the corner.
- 24. Do you know how to play chess?
- 25. Can we try this game together?

Do your best to repeat the sentences, using your hearing ONLY. Look away from my lips.



# ENGLISH LIST #4 Lipreading Only (Without Sound)

1. His library was full of rare books.

2. Reading this document was not easy.

3. Make a plan of action.

4. Next year will be a year of the dog.

5. I don't know my own zodiac sign.

6. My brother only uses gel pens.

7. His key fell out of his pocket.

8. My car is black in color.

9. Her vehicle has white leather seats.

10. You shouldn't listen to loud music for too long.

11. Please share your experiences with me.

12. Have we met before?

13. Do you know your primary insurance provider?

14. I like to listen to the radio in the car.

15. I watch this channel on public network.

16. My favorite color is white.

17. He was wearing a black T-shirt.

18. I run every morning by the lake.

19. She eats dinner at the same time every day.

20. Who doesn't enjoy traveling?

21. Exploring new places is fun.

22. He learned to swim at the age of 60.

23. There were 16 more people on his bus.

24. Classical music improves concentration.

25. Sunsets are spectacular.

Do your best to repeat the sentences, using your vision ONLY.

(However, if this is too difficult, turn the CC back on and/or volume back on.)



# ENGLISH LIST #5 Listening in Noise with Closed Captioning

- 1. The bookshop hosts events.
- 2. The armchair in the corner is blue.
- 3. Some countries drive on the left side of the road.
- 4. Old books smell good.
- 5. The bar stool was made out of metal.
- 6. Ancient civilizations had good understanding of architecture.
- 7. They took a marker and painted on the wall.
- 8. Very often consequences are unexpected.
- 9. In my dreams the sky is purple.
- 10. First cup of coffee in the morning is delightful.
- 11. The cat jumped off the table.
- 12. The large green tree was tall.
- 13. My car is white and fast.
- 14. It is a gloomy day in the city.
- 15. I need my coffee hot.
- 16. The bride was beautiful.
- 17. The bird flew away.
- 18. The clouds are white and fluffy.
- 19. The red cardinal sang a song.
- 20. The teacher spoke sternly to the student.
- 21. The television is too loud.
- 22. The food was cold and soggy.
- 23. The chalkboard was green.
- 24. The orange basketball bounced high and to the right.
- 25. The fans cheered loudly.

Do your best to repeat the sentences, using your vision and your hearing.

Please turn on Closed Captioning. To do this, click on the "CC" on the bottom right of the video screen and choose "English CC" so you can read the words as you follow along.



### Listening in Noise without closed captioning

- 1. The choir sang a beautiful hymn.
- 2. The door creaked softly.
- 3. The baby giggled with delight.
- 4. Beware of the dog.
- 5. Please wash your hands.
- 6. Jump over the creek.
- 7. Put clean towels in the restroom.
- 8. Make your bed.
- 9. Are you tired yet?
- 10. Clean your bedroom.
- 11. Please wash a load of laundry.
- 12. I would like a bagel with cream cheese.
- 13. Take your shoes off.
- 14. Do you have water in your bag?
- 15. Empty your pockets before jumping in the water.
- 16. Turn off your electronic devices.
- 17. Water the plants please..
- 18. Turn on the alarm.
- 19. Whose purse is this?
- 20. The water was cool and clear.
- 21. Please take the garbage out.
- 22. When sneezing cover your mouth.
- 23. The school bus was late.
- 24. No smoking please.
- 25. Keep all hands and arms inside the vehicle at all times.

Do your best to repeat the sentences, using your vision and your hearing, but without the closed captioning.



# ENGLISH LIST #7 Listening in Noise without Visualization

- 1. Turn off the computer.
- 2. Stand up straight with your shoulders back.
- 3. A snow storm is coming.
- 4. The video game is too loud.
- 5. My pen ran out of ink.
- 6. The light was very bright.
- 7. Why is the sky blue?
- 8. Tulips are beautiful spring flowers.
- 9. Pink is my favorite color.
- 10. I love to learn new things.
- 11. The sun makes me happy.
- 12. Reading is good for your mind.
- 13. The squirrel buried his nuts in the yard.
- 14. He ate the fruit quickly.
- 15. Communities are a group of people working together.
- 16. I painted the room grey.
- 17. The well went dry.
- 18. The field flooded with rain.
- 19. Climbing the hill was hard.
- 20. My bicycle got a flat tire.
- 21. The car honked the horn at the truck.
- 22. It snowed 3 inches today.
- 23. The blanket kept the woman warm.
- 24. The fan created a nice breeze.
- 25. My food was stolen by a monkey.

Do your best to repeat the sentences, using your hearing ONLY. Look away from my lips.



### **Fast Speech with closed captioning**

- 1. The umbrella shaded me from the sun.
- 2. Cucumbers are my favorite vegetable.
- 3. Bananas grow on trees.
- 4. He paid for the fish.
- 5. Boil the water before you add the rice.
- 6. Eight ounces of water equals one cup.
- 7. The ocean waves were high.
- 8. Earth is the third planet from the Sun.
- 9. The planet moves around the Sun.
- 10. Earthquakes vibrate the ground.
- 11. Little water can be found in the desert.
- 12. Penguins can be found on or near Antarctica.
- 13. There are fifty states in the United States of America.
- 14. Money helps you buy things.
- 15. Rainbows can be seen in the sky.
- 16. Your fingernails grow faster on your dominant hand.
- 17. There are 206 bones in the human body.
- 18. He is super strong and helpful.
- 19. Daily exercise is necessary for good health.
- 20. Her glasses helped her see the little bug.
- 21. Tomatoes are a fruit.
- 22. Chocolate has caffeine in it.
- 23. You should sleep more.
- 24. The pickup truck was red.
- 25. Babies learn to walk around one year of age.

Do your best to repeat the sentences, using your vision and your hearing.

Please turn on Closed Captioning. To do this, click on the "CC" on the bottom right of the video screen and choose "English CC" so you can read the words as you follow along.



### Fast Speech without closed captioning

- 1. The candle lit up the room.
- 2. Her hair was curly and brown.
- 3. When is dinner going to be done?
- 4. Dinosaurs became extinct.
- 5. Thorns are sharp and pointy.
- 6. Her family is very kind and helpful.
- 7. The power went out after the storm.
- 8. Our neighbors just moved into the home next to us.
- 9. Cashews are a delicious nut.
- 10. The couch is grey and comfortable.
- 11. Her homework was difficult.
- 12. The rabbit hopped into the hole.
- 13. Lyons roar when they yawn.
- 14. Elephants like to eat watermelons.
- 15. Sally asked for some candy.
- 16. The clocked stopped working.
- 17. What time is it?
- 18. Are we there yet?
- 19. The acorn fell from the tree.
- 20. Brussel sprouts are horrible and stinky.
- 21. The window would not open.
- 22. Whose dog is barking?
- 23. Where will you go today?
- 24. What is for dinner?
- 25. I baked a cake.

Do your best to repeat the sentences, using your vision and your hearing, but without the closed captioning.



### Fast Speech without Visualization

- 1. She ran fast down the street.
- 2. He pulled his sister's hand.
- 3. The building was very tall.
- 4. Swimming can be fun.
- 5. Study your lessons tonight.
- 6. The fish has bones in it.
- 7. Carrots are good for your eyesight.
- 8. People watching can be interesting.
- 9. Barbers help keep your hair short.
- 10. My back is very sore.
- 11. Who ate the last treat?
- 12. I spilled my milk.
- 13. The light flickered outside.
- 14. The deer crept into the meadow.
- 15. Polar bears have transparent fur with black skin.
- 16. The baby drank the mother's milk.
- 17. They danced all night long.
- 18. Let's go see a movie tonight.
- 19. The water rushed down the stream.
- 20. I love eating salty snacks.
- 21. The telephone rang and woke up the family.
- 22. He painted a beautiful portrait.
- 23. He walked down the winding dirt path.
- 24. The library is quiet.
- 25. My uncle fixed the truck.

Do your best to repeat the sentences, using your hearing ONLY. Look away from my lips.



# ENGLISH LIST #2 Quiet with a Russian Accent

- 1. Dreams sometimes come true.
- 2. Cold showers feel good afterwards.
- 3. A bottle of water is on the table.
- 4. There is a rainbow in the sky.
- 5. He studied arts and sciences at school.
- 6. My favorite author is Lewis Carol.
- 7. There is a table in the corner.
- 8. He has been running all morning.
- 9. I never knew her last name.
- 10. In the beginning there is always doubt.
- 11. I want sweet candy.
- 12. Could you be a little more specific?
- 13. How about we try first.
- 14. Come to the intersection of third avenue and York street.
- 15. His folder with documents is green.
- 16. I knew I have heard his name before.
- 17. Carrot is an orange-yellow vegetable.
- 18. I enjoy eating strawberries.
- 19. Could you pass the salt please?
- 20. How about we go together.
- 21. We have been very lucky today.
- 22. This is my favorite restaurant.
- 23. Go to the back room and find my coat.
- 24. The boy was walking very fast.
- 25. A girl played volleyball every morning.

Do your best to repeat the sentences, using your vision and your hearing, but without the closed captioning.



# ENGLISH LIST #3 Quiet with Chinese Accent

- 1. I knew I was right.
- 2. Can we take a break please?
- 3. How come it is so cold in July?
- 4. Trees are usually green.
- 5. He likes hiking in the snow.
- 6. The table was made out of red wood.
- 7. Skyscrapers are tall buildings.
- 8. There are sixty seconds in a minute.
- 9. Every day starts with sunrise.
- 10. The sky is cloudless tonight.
- 11. Joshua Tree is in the middle of a desert.
- 12. Make a wish on shooting stars.
- 13. Universe has an infinite number of galaxies.
- 14. Infinite possibilities exist.
- 15. Try cooking eggs sunny side up.
- 16. I prefer my tea hot.
- 17. Guess the number of fingers behind my back.
- 18. Try reaching for the tallest branch.
- 19. He is a student at a local university.
- 20. Many decades have passed since then.
- 21. I would like to share my story with you.
- 22. Can you carry my purse please?
- 23. Please take a sit in the corner.
- 24. Do you know how to play chess?
- 25. Can we try this game together?

Do your best to repeat the sentences, using your hearing ONLY. Look away from my lips.